



Developmental Special Needs Dance Classes

with Yael Lawrence MS, BC-DMT

(Board Certified Dance Movement Therapist)

“Dance & movement are fundamental elements of expression that allow for a direct experience of oneself through the body. These basic forms of communication & expression are effective and fun modalities for creative development.”

Creative Movement for Children with Special Needs

Mondays 3:00-3:45pm

(Ages 18mths – 4 years old)

- Creative Movement introduces children to the joy of dance through the exploration of basic motor skills and music with a blend of movements & rhythms in a relaxed and energized environment.
- Children participate in movement games that encourage spontaneous and creative expression, build movement vocabulary & repertoire, and allow safe exploration of the space around them.
- This class promotes age appropriate social skills, peer interactions and relationship development and most importantly having fun!

Dance & Ballet for Children with Special Needs

Mondays 3:45-4:30pm

(Ages 5 years old and up)

- This class introduces children to the fundamentals of ballet and dance in a positive and creative environment.
- Through rhythmic exercises, basic ballet techniques and creative movement, children develop creative expression as well as an awareness and understanding of the mechanics of their body movement.
- This class allows children with special needs to explore space, musicality and a blend of movements based on basic dance techniques such as Ballet, Jazz, Modern, Latin & African dance.

All classes will run for 45 minutes & will take place at:

Jupiter Dance Academy

861 Jupiter Park Drive, Suite F Jupiter, 33458

Class Rates

\$25/class or 5 class card for \$100

(Discounts are available if your child attends the class with an aide or therapist)

To register for classes, please contact:

Yael Lawrence at

(646) 373-7572 or yhlawrence@gmail.com